

## MEMORANDUM FOR ALL PARTICIPANTS

January 2014

**FROM:** 30 FSS/FSVS

**SUBJECT:** Intramural Over 30 Basketball By-Laws

1. **GENERAL:** The Vandenberg AFB Fitness Center encourages participation of all assigned active military personnel in organized sports to ensure a high standard of competition.
2. **ORGANIZATION:** The number of teams entered will determine the number of leagues. League competition will be a round robin format. An organization may have more than one team in the league; however, they must be designated as teams 1, 2, etc... or by section name.
3. **RULES OF PLAY:** National Federation of State High School regulations will govern all play with the exception of by-laws within.
4. **ELIGIBILITY:** Participation is open to all military personnel and civilians assigned to Vandenberg AFB and personnel on TDY status for more than thirty days. All players must be 30 years of age or older by the start of the Over 30 Intramural season.
  - A. TDY personnel must be on orders for thirty days or longer.
  - B. Individuals must be assigned or attached to the unit represented. If an individual changes squadrons during the season, he/she may choose which squadron they wish to play for. He/she will establish their eligibility by playing one game with either the losing or gaining unit. All players regardless of category of personnel must go into a player's pool prior to being placed onto any team. Once the playoffs start players may not switch teams if there unit has more than one team.
  - C. With the approval of the Intramural Sports Coordinator, squadrons, detachments or units with insufficient personnel assigned or present for duty may combine with other units in the same situation. This authority to combine will only be for the current season. The team cannot compete for commander's trophy points.
  - D. If an organization does not enter a team in the program, members of that organization may be assigned to participate with another organization entered in the program by requesting their intent to the Intramural Sports Coordinator. The Intramural Sports Coordinator will place these individuals in the players' pool. Once the season has started, the team with the least amount of players on their roster will have first choice of any additional players from the players' pool. The second option will be the team with the worst win/loss record, and so on. Personnel that work for a unit but are a spouse/dependent may choose which team he/she plays for.
  - E. A player whose team drops from the league or forfeits out must submit their name to the

Intramural Sports Coordinator to be placed in the players' pool. This includes squadrons with two or more teams.

5. **FORFEITURE:** Teams failing to have four players on the court at the scheduled game time will forfeit. There will be no "GRACE TIME ". GAME TIME IS FORFEIT TIME. Teams forfeiting two consecutive games or three games during the entire season will be automatically dropped from the league. All games will be counted as wins for the opposition

a. The head official may declare a forfeit when a player or coach of a team refuses to conduct themselves in a sportsmanlike manner and according to the rules. Forfeitures under this rule will be final and without appeal. Using an ineligible player, if called to the attention of the league director before teams play its next regularly scheduled game, will be grounds for forfeiture.

6. **SPORTSMANSHIP:** Unsportsmanlike conduct will not be tolerated. Unsportsmanlike conduct can be defined as fighting, using profanity, trash talking, taunting, and basically anything that could be considered to instigate a verbal or physical altercation. Coaches are reminded that they are responsible for their conduct as well as the conduct of their players. All unsportsmanlike conduct will be reported to the Fitness Center Director by the head official. Officials will report all fights to the Fitness Center Director.

7. **ROSTER:** Rosters must be typed and turned in to the Intramural Sports Coordinator before the 1<sup>st</sup> game of the season. If the Intramural Sports Coordinator does not have a roster on file for a team, that team will forfeit every game until the roster is received and accepted by the Intramural Sports Coordinator. Players may be added to the roster during the regular season; however, no players may be added once the playoffs begin. Organizations may have an unlimited roster. All players can only play for one team.

8. **UNIFORM REQUIREMENTS:** Teams may provide their own uniforms or they may sign out a jersey from the Fitness Center staff. Running or jogging shoes are not allowed on the court. Only non-marking tennis shoes or basketball shoes may be worn. No part of the military uniform will be worn. Teams not having uniforms will wear pullovers furnished by the Fitness Center. T-Shirts may be worn under the jersey; however, the T-shirt must be white or similar to the color of the jersey. In the event that both teams have the same color, the visiting team will wear the pullover from the Fitness Center. Only wedding rings may be worn and must be taped. No belt loops or pants with pockets will be permitted.

9. **SAFETY:** The referees may blow the whistle and stop the game to investigate the condition of a player who might be hurt. The safety and well being of our players is always our main concern.

10. **POSTPONEMENTS:** A postponement will only be granted for power failures and squadron / base alerts that are MISSION ESSENTIAL. Unit picnics are not considered mission essential.

11. **MINIMUM NOTIFICATION OF CANCELLATION TIMES:** Any organization that fails to notify the Intramural Sports Coordinator prior to 1000 hours on the day of the scheduled contest of their inability to play due to military commitment shall forfeit the game.

12. **MAKE UP DAYS:** All make up games will be played after the completion of all originally scheduled games for the season. The Intramural Sports Coordinator will notify the coaches and unit sports representatives of the dates and times of all make up games. If the outcome of the make-up games will allow either team to qualify for the playoffs, the games will not be played.

13. **PROTEST:** Protests will be limited to rule interpretation and player eligibility only. All protests must be registered at the time of the incident. The official will notify both coaches that the game is being played under protest. The individual protesting the game must provide a full account of the events and write the protest in the scorebook. **This action must be completed by the next down. In addition, the protest must be submitted in writing to the Intramural Sports Coordinator NLT 1200 hours of the following day. Failure to comply with the prescribed procedure will result in automatic loss of protest.**

14. **COMPOSITION OF PROTEST COMMITTEE:** The protest committee will consist of the Fitness Center Director, Intramural Sports Coordinator, and Head Sports Official. Decisions by the committee cannot be appealed. The committee will only consider protests concerning rule interpretation or player eligibility.

15. **EJECTIONS AND DISQUALIFICATIONS:** If a coach or player is ejected or disqualified from a game, he/she will leave the immediate area (Fitness Center) which is considered within sight and sound. A player or coach who refuses to leave the area will forfeit the game for the team he/she is playing for. A player ejected during a game is not eligible to play the next scheduled game. A player ejected twice during the regular season will not be eligible to play the rest of the season or the playoffs (decision to be made at the MSG/CC level). Anyone hitting a referee or official will be dismissed for the remainder of the season. The only way a player who has been ejected twice may come back to participate in the league will be by a letter from his/her commander with justification why the player should be reinstated. The reinstatement request will be submitted to the Fitness Center Director and will be voted on by a judiciary board. NOTE: Players fighting within the jurisdiction of the officials will be suspended automatically until the facts are reviewed and a determination is made. Officials will report all fights to the Fitness Center Director. Same standards apply for fighting as for double ejection. A disqualification can occur when a player participates on two different teams.

16. **OFFICIALS:** Officials will be qualified individuals assigned by the contracted officials association.

17. **EQUIPMENT:** Game balls and score books will be provided by the Fitness Center. Teams not having their own jerseys will wear jerseys provided by the Fitness center. Ankle braces will be provided by the Fitness Center

18. **LEAGUE CHAMPIONSHIP:** The teams acquiring the best win/loss record at the end of

league play will be declared league champions. All three way ties will be decided by a head to head competition unless one team beat the other two teams during the regular season.

19. **PLAYOFFS:** If two leagues are formed, the top four teams from each league will be eligible for post season play. If only one league is formed, the top eight teams in that league will compete for the base championship. Competition will consist of a double elimination tournament. All players must have played at least two games during the regular season to be eligible for the playoffs.

20. **PLAYING RULES SUPPLEMENT:** The following rules or deviations pertain to league and tournament play.

- a. Games will consist of 2 twenty minute halves with a running clock. The last two minutes of each half will be a regulation clock. There will be a five minute intermission between halves. Each team receives two time outs per half. If a team is losing by twenty (20) points or more, the clock will continue to run and stop only for charged time outs, official time outs and injuries.
- b. The teams listed as the first team on the schedule shall be designated the home team.
- c. When necessary, overtime periods will be three minutes in length and will be played after a one minute rest period. The clock will be controlled as a regulation stop clock during the entire three minute period.
- d. Two coaches are authorized per team. If a coach is a player they are counted as a player.
- e. To increase participation, there may be two players that are under 30 years old. These two players must be at least 28 years of age or older. The rest of the team must be at least 30 or older.

21. **AWARDS:** A trophy and T-shirts indicating the teams accomplishments will be awarded to the first place team. A maximum of 15 T-shirts will be awarded to the team. The second place team will be awarded a trophy.



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